

# HOT SANDWICHES

DELICIOUS BECAUSE WE ROAST OUR OWN MEATS IN-HOUSE

## Gourmet Grilled Cheese .. 7.25

A unique blend of high quality cheeses, Applewood smoked bacon and fresh herbs on sourdough bread.

## Blackened Chicken .. 7.25 *\*Chef's Choice*

Spicy all white meat chicken breast, coated with a feisty seasoning and topped with Peppers Sweet Jalapeño Coleslaw and ripe tomatoes.

## Chicken Pesto .. 7.25

Lightly seasoned chicken breast with crisp lettuce, red onions, tomato and Peppers Fresh Basil Pesto.

## Chicken Cordon Bleu .. 7.25

A light & flavorful breast of chicken, thin sliced ham and melted provolone, topped with spicy Dijon mustard, crisp and tender spring mix lettuces and ripe tomatoes.

## Mango Mahi Mahi .. 8.25

A perfectly grilled mahi mahi steak with Peppers one-of-a-kind Mango Aioli finished with crisp lettuce and tomatoes on a lightly toasted roll.

## Citrus Salmon .. 8.25

Grilled salmon steak lightly marinated in Peppers Sweet Citrus Sauce and topped with red onion, crisp lettuces and ripe tomatoes.

## BBQ Salmon or Mahi Mahi .. 8.25

Grilled to perfection, topped with caramelized onions, Peppers Sweet & Tangy Homemade Barbecue Sauce, sharp cheddar, lettuce and tomatoes.

## Grilled Reuben .. 7.95

A full 4 oz. of lean corned beef, sauerkraut & swiss cheese on bakery-quality rye bread

## Spicy Pepper .. 7.25

Juicy corned beef, melted pepper jack cheese, jalapeño peppers, and Peppers House Sauce on grilled Italian.

## French Dip .. 7.75

Thin sliced in-house roasted Beef piled high and topped with au jus on a fresh baked Ciabatta roll.

## Pork Loin Sandwich .. 8.25

Our in-house roasted Lean Pork Loin, thinly sliced and seasoned with garlic thyme and a little red pepper, topped with Peppers Warm Chunky Apple Spread and Peppers own House Sauce. Served on a fresh baked Ciabatta roll.

## Thanksgiving Turkey .. 7.95

In-house roasted Turkey piled high on our own sage stuffing bread with Peppers tart and creamy Cranberry Spread.

## Cuban .. 7.25

A wonderful pressed sandwich made with lean, in-house roasted Pork Loin, ham, pickles, swiss cheese and yellow mustard.

## Gourmet Ham & Cheese .. 7.25

Ham piled high on a crispy flat bread with creamy goat cheese & whole grain mustard.

## BBQ Turkey Burger .. 7.95

Lean ground turkey, cheddar and Peppers Sweet & Tangy Homemade BBQ sauce. Served on a fresh ciabatta roll with crisp lettuce & tomatoes.

## BBQ Bleu Chicken .. 7.25

A grilled chicken breast with our own Sweet & Tangy Homemade BBQ sauce, baby spinach and a roasted garlic & bleu cheese aioli.

## Trippin' Chicken .. 8.25 **Designed by Katie Quinn**

This creation combines grilled chicken and marinated portabellas with Peppers Fresh Basil Pesto & Lightly Roasted Garlic Sauces, finished off with sundried tomatoes, avocado, roasted red peppers, spinach, goat & swiss cheeses.

# COLD SANDWICHES

ALWAYS FRESH, ALWAYS MADE TO ORDER

## Roast Beef & Brie .. 7.65

Perfectly seasoned Beef, roasted in-house, with brie, caramelized onions and spring mix lettuce served on a ciabatta roll from La Farm Bakery. *Brie melt upon request.*

## Chunky Apple Skinny Pig on Wheat *(as named by Kevin Olmstead)* .. 7.25

Slow in-house roasted Lean Pork Loin, sliced thin and topped with Peppers Chunky Apple Spread, sharp cheddar cheese and Peppers Creamy Horseradish Sauce on rustic wheat bread.

## Salad on a Sandwich .. 7.95

Peppers house-made herbed Chicken Salad or Peppers house-made Albacore Tuna Salad created with a more healthful mixture of yogurt and mayo, topped with lettuce and tomatoes. Pick your bread and you're good to go!

## The BLT .. 7.25

Applewood smoked bacon, vine-ripened tomatoes, and crisp lettuce and Peppers Lightly Roasted Garlic Mayo on fresh baked bread. Toasted on request.

## Turkey Reuben .. 7.65

In-house roasted Turkey Breast, Peppers Sweet Jalapeño Coleslaw, creamy swiss cheese & dressing presented on a Ciabatta roll.

## The Club *(with a twist)* .. 7.65

In-house roasted Lean Turkey & Ham stacked on a Ciabatta roll with bacon, avocado, lettuce, tomato and Peppers homemade Lightly Roasted Garlic Sauce.

## Not-your-old-school Ham & Cheese .. 7.25

Smoked ham, aged swiss cheese, caramelized onions and Peppers Sweet & Spicy Mango sauce on a Ciabatta roll with lettuce and tomatoes.

## Horseradish Roast Beef .. 7.65

In-house roasted Beef, served rare on a Ciabatta roll with provolone cheese, lettuce, tomato, red onion and a roasted garlic horseradish sauce.

# VEGETARIAN

DELICIOUS AND HEALTHY ALTERNATIVES

## Black Bean Burger .. 7.95 *\*Chef's Choice*

This house made Black Bean Burger is unlike any you have had before. Combined with vegetables, fresh herbs, topped with provolone, lettuce, tomato, avocado, and Peppers Light Herb Sauce. Served on a fresh baked ciabatta roll.

## Grilled Portabella Subs .. 7.25

Marinated portabella mushrooms grilled and topped with spinach, cheddar cheese and roasted red peppers all on a ciabatta roll. A truly wonderful vegetarian option.

## Roasted Veggie .. 7.25

Perfectly caramelized roasted eggplant, carrots, onions, garlic and peppers served on a soft ciabatta roll with Peppers Lightly Roasted Garlic Sauce. Melted cheese available on request.

# CREATE YOUR OWN SANDWICH

Ask for a pick slip to build your unique creation .. 7.95

\* Add avocado, caramelized onions, sauerkraut, roasted red peppers, or sun-dried tomatoes are \$.50 extra. Add additional meat to any sandwich for \$1.75 each.

## SALADS, SOUPS, & COMBOS

HOMEMADE, NO CANNED STUFF HERE.

### Chef Salad .. 7.50

Mixed greens, ham, turkey, sharp cheddar and a hard boiled egg.

### Mixed Greens with Fresh Herbs .. 6.75

Carrots, red peppers, cucumbers, celery, and asiago cheese.

### Spinach Salad with Bacon Dressing .. 6.75

Red onions, candied walnuts, mandarin oranges, and goat cheese.

\* Add chicken, ham, grilled salmon or grilled mahi mahi for .. 3.25

\* Dressings include: house (balsamic vinaigrette), Caesar, sweet bacon, ranch, nonfat creamy Italian, and oil & vinegar.

### Soup of the Day .. 4.75

Check the board or ask us about the soups of the day.

### Soup & Salad .. 6.95

Pick between one of our fresh made soups and add a side salad.

### Half Sandwich with Soup or Salad .. 6.95

Choose between any of our custom sandwiches and add one of our scratch-made soups or a half salad.

\* For sandwiches with salmon, mahi mahi, chicken or turkey burger add 1.95

## SMOOTHIES

MADE WITH REAL FRUIT, JUICE AND YOGURT

### Strawberry Blast Smoothie .. 4.75

Strawberries, yogurt, and more strawberries... why mess with the perfect fruit?

### Tropical Island Smoothie .. 4.75

Pineapple, mango, yogurt and papaya juice, very refreshing.

### Blueberry Chill .. 4.75

Start with two cups of blueberries, add yogurt and pomegranate juice and you have an antioxidant overload.

### Post Workout Recovery .. 4.75

Banana, whey protein, strawberries & cranberry pomegranate juice.

### Southern Peach .. 4.75

Start with the sweetest peaches and add creamy yogurt for a refreshing treat.

### Add Protein Powder .. 1.75

Add a scoop of whey protein to any of your smoothies.

## BREAKFAST

OUR UNIQUE AND HEALTHFUL BREAKFAST CREATIONS

### Healthy Choice Breakfast .. 3.95

One scrambled egg, ham, avocado and tomato on grilled rustic whole grain bread.

### Hearty Breakfast .. 7.50

Meal sized omelets made to order. These three-egg omelets can be filled with any meat and cheese, but we recommend Peppers homemade Turkey Sausage, roasted red peppers and herbed goat cheese. Served with fried potatoes & fruit.

### Spicy Breakfast Sandwich .. 3.95

Two eggs scrambled, with Smoked Ham, jalapeños, red peppers, Peppers Chipotle Sauce, and melted pepper jack cheese. Served on grilled rustic wheat.

### French Toast with Strawberry Compote .. 6.99

Comes with two strips of bacon.

### California Omelette .. 6.95

Two egg omelette with tomato, swiss cheese, avocado and salsa. Comes with home fries and fruit.

### Cheddar Onion Focaccia Breakfast Sandwich .. 3.95

One egg and your choice of meat on fresh baked cheddar onion focaccia bread.

### Sausage & Egg Flat Bread Sandwich .. 4.25

Two scrambled eggs, Pepper homemade Turkey breakfast Sausage and melted pepper jack cheese served in a crispy flat bread.

### Smokey Herb .. 4.25

Two scrambled eggs, Applewood smoked bacon and sharp cheddar, served on a one-of-a-kind herbed flat bread.

### Ham, Egg & Cheese .. 4.95

Two scrambled eggs, ham and sharp cheddar, served on a crispy flat bread.

### Lots of Veggies .. 4.50

Peppers, onions, mushrooms, tomatoes lightly sautéed with two eggs and low fat cheese, on a flat bread.

### Express Breakfast .. 2.99

One egg, cheddar and ham on lightly grilled Italian bread. Make it your own for \$1 more.

### Yogurt & Granola .. 4.25

Strawberries, Blueberries and yogurt topped with homemade granola.

### Fruit & Muffin .. 3.75

Fresh, whole grain muffins baked daily with your choice of fruit.

## KID'S CORNER

AN EXPERT SELECTION OF WHAT KIDS LIKE

### Turkey and Cheese .. 5.50

### Ham and Cheese .. 5.50

### Grilled Cheese .. 5.50

### PBJ .. 5.50

\* Served on Italian White

\*\* All kids meals served with milk or juice, carrot sticks or chips and a cookie.

**peppers**  
Market & Sandwich Shop

FRESH

CONVENIENT

HEALTHFUL

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